



## **GUIDELINES FOR DEALING WITH AN INCIDENT/ACCIDENT**

- Stay calm but act swiftly and observe the situation. Is there danger or further injuries?
- Stop the session and isolate the injured player away from the rest of the group and any further danger – the injured player and rest of the group should not be placed in any danger!
- Make sure the rest of the group is supervised before dealing with the injured player.
- Listen to what the injured person is saying, if possible.
- Alert the first aider (could be you) who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services.
- Do not mover someone with major injuries. Wait for the emergency medics.
- Contact the injured person's parent / guardian.
- Complete an incident / accident report form.